

## NHS Rehabilitation Centre - Nottinghamshire

We want you to have your say...

The views of the public, patients, staff, family members and carers is very important to us and we want to hear your views on our proposal to develop a NHS Rehabilitation Centre (NHSRC) for the East Midlands.

All the feedback gathered will be treated in strictest confidence and fed back to the programme team to help inform future decisions. No decision can be made until after the consultation has closed. The consultation report is available on the CCG's website at [www.nottscCG.nhs.uk/rehab-centre-consultation/](http://www.nottscCG.nhs.uk/rehab-centre-consultation/) and is available on request.

This survey is available to complete between 27 July and 18 September 2020.

Background information including the consultation document and supporting materials can be viewed on the [CCG website](#) prior to completion of this survey.

If you have any other questions or concerns regarding this survey and/or the consultation, please email us on [NECSU.engagement@nhs.net](mailto:NECSU.engagement@nhs.net) or call 0115 906 8846. The survey is available on paper as well as online, and can be made available in large print and in other formats and languages on request.

1. To help us understand your response better, please can you tell us if you are answering this questionnaire on behalf of...

- A current or former patient of rehabilitation services
- A member of the public
- A carer/friend/family member of an individual who is accessing/has accessed rehabilitation service
- An organisation (please specify in the box below)

2. To what extent do you support or oppose the proposal to create a NHS Rehabilitation Centre at the Stanford Hall Estate near Loughborough?

- Strongly support
- Slightly support
- Neither support or oppose
- Slightly oppose
- Strongly oppose

3. The NHS Rehabilitation Centre would provide 63 rehabilitation beds – an increase of 39 beds across the East Midlands. As a result, we propose to transfer the service currently provided at Linden Lodge at Nottingham City Hospital to the Regional Rehabilitation Centre.

To what extent do you support or oppose the transfer of the service at Linden Lodge at Nottingham City Hospital to the NHS Rehabilitation Centre?

- Strongly support  Slightly oppose
- Slightly support  Strongly oppose
- Neither support or oppose

4. If you have any comments about the transfer of Linden Lodge, please provide them in the comment box below.

5. The NHS Rehabilitation Centre would be located at the Stanford Hall Rehabilitation Estate near Loughborough. The 360-acre countryside estate hosts the Defence and National Rehabilitation Centre, which provides rehabilitation facilities for military personnel.

The Defence Medical National Rehabilitation Centre would continue to operate independently and prioritise military rehabilitation, while a regional rehabilitation centre would provide treatment for NHS patients only. NHS patients would be able to benefit from the state-of-the-art facilities that the DNRC has (for example the hydrotherapy pool, the gait analysis system and the Computer Aided Rehabilitation Environment).

The location would provide peaceful, tranquil surroundings for NHS patients to focus on their rehabilitation.

Do you think treating NHS patients on the same site as military personnel will be suitable?

- Yes, definitely
- Yes, to some extent
- Not sure
- No

If no, please explain why in the comment box below.

6. If you wanted to visit patients at the NHS Rehabilitation Centre, how easy would this be for you?

A regional rehabilitation service as part of the NHS Rehabilitation Centre development would be situated on the Stanford Hall Rehabilitation Estate at Stanford Hall near Loughborough.

- Very easy
- Easy
- Neither easy nor difficult
- Difficult
- Very difficult

If you feel this would be difficult, please provide a brief explanation in the comment box below.

7. To reduce the travel impact for relatives, friends and carers, it is proposed that the NHS Rehabilitation Centre would provide free family accommodation with three family rooms available, free parking as well as super-fast broadband to enable patients to keep in touch with their families via communication channels such as FaceTime and Skype. Discussions are also taking place around enhancing local public transport.

Do you feel that the factors listed above (i.e. family rooms, free parking & super-fast broadband) would help reduce the impact of increased travel time that some might face?

- Yes, definitely
- Yes, to some extent
- Not sure
- No

If no, do you have any further suggestions in how we could support family, friends and carers who may be visiting someone at the Regional Rehabilitation Centre?

8. What do you think the benefits are of being located on the Stanford Hall Rehabilitation Estate?

9. What do you think the issues are of being located on the Stanford Hall Rehabilitation Estate?

10. The NHS Rehabilitation Centre will take a fresh and innovative approach to rehabilitation, putting the patient at the centre of care.

- It would be staffed by a multi-disciplinary team consisting of rehabilitation consultants, orthopaedic consultants, other speciality consultants (e.g. for cancer treatment), therapy assistants, physiotherapists, mental health nurses, occupational therapists, speech and language therapists, social workers and other professionals as needed.

- There would be a focus on occupational and vocational rehabilitation to help people get back to work.

- Each patient would be assigned a dedicated person (a clinical case manager) to coordinate their care throughout – from referral through to discharge.

- There would be an increase in the number of hours of therapy per patient per week (both one-to-one and group sessions), with patients being able to spend their additional time on the rehabilitation estate supported by occupational and vocational therapists.

- Patients would have access to facilities such as a gym, hydrotherapy pool and a system to help patients practice their mobility and balance on a range of different surfaces.

What are your thoughts about the care that patients would receive at the NHS Rehabilitation Centre?

Excellent

Fair

Very good

Poor

Good

11. What are your thoughts about the range of health and social care professionals that patients would have access to at the NHS Rehabilitation Centre?

Excellent

Fair

Very good

Poor

Good

12. We recognise that it is important that a patient's mental wellbeing is equally considered alongside their physical rehabilitation. It is therefore essential that proposals for the NHS Rehabilitation Centre take mental health, particularly helping patients to avoid feelings of isolation and boredom, into consideration. This will be done in relation to:

- The way in which clinical and other staff will help patients create an environment of support, helping to minimise any feelings of social isolation.
- Making assessment of patient's mental health part of ongoing assessments at least three times a week.
- Support provided by a mental health nurse.
- The design of the social facilities and use of the grounds. Evidence suggests that 'green spaces' are linked to improvements in patient wellbeing, mental health, levels of stress and positive behaviours.

Based on the information above, what are your thoughts on the approach to managing the mental wellbeing of patients during their time at the NHS Rehabilitation Centre?

- I feel confident that patients' mental health has been taken into account.
- I feel that patient's mental health has been taken into account but more needs to be done.
- I feel more needs to be done to manage patients' mental health.

If you feel more needs to be done to manage patients' mental health, please provide your suggestions in the box below.

13. Do you have any other comments that you would like to make with regard to the development of the NHS Rehabilitation Centre?

## NHS Rehabilitation Centre - Nottinghamshire

### About you

**It would help us to understand your answers better if we knew a little bit about you. These questions are completely optional, but we hope you will complete them. The information is collected anonymously and cannot be used to identify you personally.**

14. Which District do you live in?

- Nottingham City
- Gedling
- Ashfield
- Newark and Sherwood
- Rushcliffe
- Broxtowe
- Mansfield
- Other (please specify)

15. Which age band do you fall into?

- |                               |   |
|-------------------------------|---|
| <input type="radio"/> 16 – 17 | <input type="radio"/> 55 – 64           |
| <input type="radio"/> 18 – 24 | <input type="radio"/> 65 – 74           |
| <input type="radio"/> 25 – 34 | <input type="radio"/> 75 or older       |
| <input type="radio"/> 35 – 44 | <input type="radio"/> Prefer not to say |
| <input type="radio"/> 45 - 54 |   |

16. What is your gender?

- Man
- Woman
- Non-binary
- Prefer not to say
- Other (you can specify if you wish)

17. Is your gender identity the same as your sex as registered at birth?

- Yes
- No
- Prefer not to say

18. Are you currently pregnant or have you been pregnant in the last year?

- Yes
- No
- Prefer not to say
- Not applicable

19. Are you currently...?

- |   |   |
|---|---|
| <input type="radio"/> Cohabiting                              | <input type="radio"/> Separated (but still legally married or in a civil partnership) |
| <input type="radio"/> Divorced or civil partnership dissolved | <input type="radio"/> Single (never married or in a civil partnership)                |
| <input type="radio"/> In a civil partnership                  | <input type="radio"/> Widowed or a surviving partner from a civil partnership         |
| <input type="radio"/> Married                                 | <input type="radio"/> Prefer not to say   |

20. Do you have an impairment, health condition or learning difference that has a substantial or long-term impact on your ability to carry out day to day activities?

- |   |   |
|---|---|
| <input type="checkbox"/> No known impairment, health condition or learning difference   | <input type="checkbox"/> A specific learning difficulty such as dyslexia, dyspraxia or AD(H)D |
| <input type="checkbox"/> A long-standing illness or health condition such as cancer, HIV, diabetes, chronic heart disease, or epilepsy                      | <input type="checkbox"/> Blind or have a visual impairment uncorrected by glasses             |
| <input type="checkbox"/> A mental health difficulty, such as depression, schizophrenia or anxiety disorder  | <input type="checkbox"/> D/deaf or have a hearing impairment                                  |
| <input type="checkbox"/> A physical impairment or mobility issues, such as difficulty using your arms or using a wheelchair or crutches                     | <input type="checkbox"/> Prefer not to say  |
| <input type="checkbox"/> A social/communication impairment such as a speech and language impairment or Asperger's syndrome/other autistic spectrum disorder |   |
| <input type="checkbox"/> An impairment, health condition or learning difference that is not listed above (specify if you wish)                              |   |

21. Are you an unpaid carer of a family member, partner or friend who needs help because of their illness, frailty, disability, a mental health problem or an addiction?

- Yes
- No
- Prefer not to say

22. What is your ethnic group?

- |  |   |
|--|---|
| <input type="radio"/> Arab                             | <input type="radio"/> Mixed – White and Black African   |
| <input type="radio"/> Asian/British Asian: Bangladeshi | <input type="radio"/> Mixed – White and Black Caribbean |
| <input type="radio"/> Asian/British Asian: Indian      | <input type="radio"/> Other Asian background            |
| <input type="radio"/> Asian/British Asian: Pakistani   | <input type="radio"/> Other Black background            |
| <input type="radio"/> Black/British Black: African     | <input type="radio"/> Other ethnic background           |
| <input type="radio"/> Black/British Black: Caribbean   | <input type="radio"/> Other mixed background            |
| <input type="radio"/> Chinese                          | <input type="radio"/> White                             |
| <input type="radio"/> Gypsy or traveller               | <input type="radio"/> White - Irish                     |
| <input type="radio"/> Mixed - White & Asian            | <input type="radio"/> Prefer not say                    |

23. What is your sexual orientation?

- |  |   |
|--|---|
| <input type="radio"/> Asexual                | <input type="radio"/> Heterosexual / straight |
| <input type="radio"/> Bisexual               | <input type="radio"/> Queer                   |
| <input type="radio"/> Gay man                | <input type="radio"/> Prefer not to say       |
| <input type="radio"/> Gay woman / lesbian    |   |
| <input type="radio"/> Other (please specify) |   |

24. Do you have a religion or belief?

- |  |  |
|--|--|
| <input type="radio"/> No religion                                | <input type="radio"/> Christian - Other denomination |
| <input type="radio"/> Buddhist                                   | <input type="radio"/> Hindu                          |
| <input type="radio"/> Christian                                  | <input type="radio"/> Jewish                         |
| <input type="radio"/> Christian - Church of Scotland             | <input type="radio"/> Muslim                         |
| <input type="radio"/> Christian - Roman Catholic                 | <input type="radio"/> Sikh                           |
| <input type="radio"/> Christian - Presbyterian Church in Ireland | <input type="radio"/> Spiritual                      |
| <input type="radio"/> Christian - Church of Ireland              | <input type="radio"/> Prefer not to say              |
| <input type="radio"/> Christian - Methodist Church in Ireland    |  |
| <input type="radio"/> Other religion (please specify)            |  |