**LeDeR report (easy read)**

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|  | This is the first report of the Learning Disabilities Death Review (LeDeR) programme for Nottingham and Nottinghamshire.  The report was written in April 2020. |
|  | It tells you about the deaths of people with learning disabilities. The deaths were checked in 2017, 2018 and 2019. |
|  | This report is about people who have died, who were special to their families and friends.  Thank you to all families who have taken part in the reviews. |
|  | The aims of the LeDeR programme are:   1. To help improve health and social care services for people with learning disabilities. 2. To stop people with learning disabilities dying too soon. |
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|  | The LeDeR programme in Nottingham and Nottinghamshire has been told about the deaths of 167 people with learning disabilities since November 2017. |
|  | 152 have had an initial review completed (about 9 out of every 10 cases). |
|  | 6 out of every 10 of the people who died were male. 4 out of every 10 of the people who died were female. |
|  | We have found 9 out of 10 people with a learning disability in Nottingham and Nottinghamshire have received satisfactory, good or excellent care |
|  | The average age at death for people with a learning disability in Nottingham and Nottinghamshire was 62 years old. |
|  | There were more deaths in Nottingham and Nottinghamshire than we expected. |
|  | More people died in hospital than we expected. |
|  | The four most common causes of death were:  **1. Pneumonia.**  This is an infection in your lungs caused by bugs called ‘bacteria’.  **2. Aspiration pneumonia.**  This is an infection in your lungs caused by food or drink going down ‘the wrong way’.  **3. Cancer.**  This is a disease which can be in any part of your body.  **4. Cardiovascular.**  This is a problem with your heart. |
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|  | We found several things kept being said at our reviews. These were:  **1.** We need to try to involve family members more in the reviews.  **2**. Care needs to be based more around the needs of the individual person (making ‘reasonable adjustments’).  **3.** Staff who care for people with learning disabilities need more help with training and skills.  **4.** It is important that people with learning disabilities receive a health check every year. |
|  | We have learnt many things from our LeDeR reviews. We are writing an action plan to improve care and support for people with learning disabilities. |
|  | What do you think? Are there things we could be doing better? Please let us know. |